

POWER, SUPPORT AND THE THINGS WE DON'T TALK ABOUT...

Mindful reflection on how to support in a person centred way



In 2010 it is tempting to think we have come a long way in human services. Most people with disabilities live in their communities and are supported by organisations and individuals committed to person centred working. In this workshop we ask - is this enough?

We have often noticed a disparity between what organisations and workers do and what they say they do. Organisations committed to “inclusion” say that they support people to be part of their community – but only if it fits with shift patterns. Staff extol the virtues of “person centred” but fail to see beyond their services as a community destination for people who need a lot of support. People ask individuals about their dreams but be unable to get further than a referral to a befriending service. How can this happen?

We know this is not because support staff and organisations are bad people or in some way dishonest about the values they hold. We do think though that services often fall short of the personcentredness they aspire to. We think that everyone - workers and the people they support would benefit from bridging this “integrity gap.”

WORKSHOP LEADERS: **Heather Simmons** works as a consultant for Perth Home Care Services, Western Australia but has shared her learning internationally. In the UK she worked widely as a freelance consultant before emigrating to Australia 3 years ago. **Steve Coulson** is Senior Development Worker at Edinburgh Development Group and has trained throughout Scotland and beyond. They first worked together when they were both trainers at Scottish Human Services. They are co-authors of the Inclusion Press publication “**The Big Plan – a good life after school**”

This workshop will be of particular interest to those who support people in their own homes in the community but will be helpful to anyone managing or delivering a range of direct support services to people.



www.edg-sco.org

Monday 4 October 10am - 4pm

Wighton House Conference Centre, Edinburgh EH16 4EA

Cost £95 (light lunch and refreshments included)

To book your place now contact: EDG 0131 476 0522

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