



# Dare to Dream

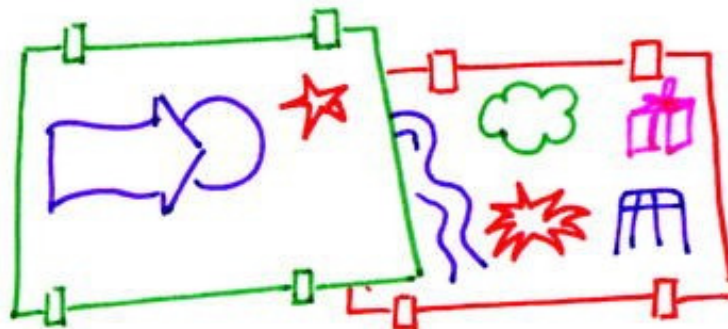
## Facilitating Map and PATH

### Creative Planning for Change

Person centred planning is widely recognised as a brilliant and empowering way to help people plan for and make positive changes in their lives. Based on a philosophy of inclusion and personal growth, it employs dynamic and creative group processes to build a team to support individuals to work towards change.

### MAP and PATH PLANNING TOOLS

MAP and PATH (originally formulated by O'Brien, Pearpoint and Forest) are both highly effective person centred planning tools involving energising and inclusive group processes. They help to create a planning environment where the 'focus person' is empowered to plan action steps towards achieving a full life, recognising and building on gifts and strengths whilst valuing, respecting and working towards aspirations. As well as being extremely powerful tools for use with individuals, MAP and PATH can be very effectively used with groups and teams.



### About the course

This four-day course has been designed to teach you to facilitate the MAP and PATH processes. The course is highly experiential and will allow participants to practice both process and graphic facilitation in a challenging but safe training environment. The course will cover:

- The values and practice of person centredness
- The roles of process and graphic facilitator
- MAP and PATH—when and how to use the tools
- Understanding and working with group dynamics
- Achieving positive outcomes in difficult situations



## Who is it for?

This course will be useful to you if you have some knowledge of person centred planning and wish to increase your confidence and skills in facilitation, or if you have no knowledge of person centred planning but wish to learn about two extremely effective planning tools and a creative approach to facilitation. Over the years, we have trained:

- People working in support settings with individuals
- Social workers, care managers and Local Area Co-ordinators
- Teachers, careers advisors and guidance workers
- Coaches and Life coaches
- Facilitators and consultants

## About the Course Leaders

Steve Coulson and Linda Keys of Edinburgh Development Group (EDG) will be drawing on their considerable experience of facilitating person centred planning processes with individuals and groups and of training others to use these powerful tools. Both have worked extensively throughout the country and beyond.

Steve's background is in childcare but for the past 20 years has worked with people with disabilities and their families in both public and voluntary sectors. After working as a Senior Trainer at Scottish Human Services he moved to EDG in 2002, where he led the Future Plans project. Steve is co-author of "The Big Plan - a good life after school" and created Dare to Dream with Helen Wilson in 2008. Linda came from a Community Arts background to EDG where she has facilitated and trained in person centred planning including Big Plans. Since 2010 she has worked to build a successful Community Circle in North Edinburgh. She is a graduate of 2 Toronto Summer Institutes. **In September 2011, Steve and Linda participated in a MAP and PATH course led by Inclusion Press's Jack Pearpoint and Lynda Kahn which brought the most current thinking on these planning tools by their founders to Scotland for the first time. This year's Dare to Dream will integrate the best elements of the new thinking to build on the excellent structure of previous years.**

## WHERE, WHEN AND HOW MUCH?

The course will be held in the Ellerlsey House Hotel, Ellersley Road, Edinburgh EH12 6HZ and is delivered in two 2-day blocks a week apart.

The dates are 22, 23 & 29, 30 March 2012 - all days 10 a.m. - 4 p.m.

The course costs £360 for the four days, inclusive of all refreshments and a training manual to accompany the course (2008 price!)

## Applying for a Place

If you would like to book a place on this course, please complete the booking form attached. For further information about the course, please contact:

**Steve Coulson - 0131 476 0522**

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**[www.edg-sco.org](http://www.edg-sco.org)**

